

Walking home recently, I noticed the

seem frisky, and buds are blossoming

on trees. We have so many reasons to

celebrate this beautiful Earth. Not only

is today 4/20, which gives those who

appreciate a cannabis-centric lifestyle

just one more reason to enjoy the sweet green, but Sunday is Earth Day.

Read on for ways to have a greener

life, and visit metro.us for more on

Earth Day 2018.

subtle hints of spring — the birds

WELCOME TO METRO.US



ROSENSTEIN TELLS TRUMP HE ISN'T A PROBE TARGET

Deputy Attorney General Rod Rosenstein told President Donald Trump last week that he is not a target of special counsel Robert Mueller's Russia investigation, according to a source familiar with the probe. After the April 12 conversation with Rosenstein, Trump told advisers that he was not inclined to seek the ouster of either man since he is not the target of Mueller's probe. The conversation was first reported by Bloomberg. The Justice Department told Reuters it does not comment on conversations with the president. Mueller is investigating allegations of Russian interfer-

ence in the 2016 U.S. election and possible collusion with the Trump campaign. Trump has said there was no collusion and has repeatedly called the Mueller probe a "witch hunt," raising concerns he might try to fire the special counsel or Rosenstein, who oversees the investigation. Under Justice Department policy, a target is someone who is believed to have committed a crime and is likely to face charges, while a subject is someone whose conduct is within the scope of an investigation, said Lisa Kern Griffin, a former federal prosecutor and a professor at Duke University School of Law.

GOV CUOMO PRESSES BANKS, INSURERS ON NRA

New York Gov. Andrew Cuomo on Thursday ramped up pressure on banks and insurers to revisit whether their ties to the National Rifle Association and other gun rights groups harm their reputations and the public interest. Cuomo noted that some wellknown companies, including the insurer MetLife Inc, have ended some business relationships with the NRA after a gunman killed 17 people at a Parkland, Florida, high school on Valentine's Day. The governor directed New York's Department of Financial Services to urge state-chartered

banks and the more than 1,400 insurers it regulates to review whether their ties to the NRA and similar groups sends the "wrong message" to clients and communities. "This is not just a matter of reputation, it is a matter of public safety," Cuomo said in a statement. The financial services superintendent, Maria Vullo, told banks and insurers in separate letters that "prompt actions" may be needed to manage reputational risks and promote public safety, at a time society "is no longer willing to stand by and wait and witness more tragedies caused by gun violence."



FORMER MAYOR GIULIANI TO JOIN TRUMP'S TEAM

Former New York Mayor Rudy Giuliani, a one-time federal prosecutor, is joining President Donald Trump's personal legal team, Trump lawyer Jay Sekulow said in a statement on Thursday. "Rudy is great. He has been my friend for a long time and wants to get this matter quickly resolved for the good of the country," Sekulow quoted Trump as saying. Giuliani was one of three attorneys Sekulow said were being added to the president's legal team dealing with Special Counsel Robert Mueller's investigation into Russian interference in the 2016 election. Russia has denied meddling in

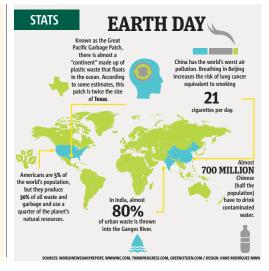
the election. Trump has said there was no collusion and has called the Mueller probe a "witch hunt." The Republican mayor of New York from 1994 to 2001, Giuliani was also the chief federal prosecutor in Manhattan for much of the 1980s. During that time, he brought many high-profile cases targeting insider trading on Wall Street. Giuliani was also a top Department of Justice official in the Reagan administration. Since exiting the mayor's office, Giuliani has been in private practice, most recently at the law firm of Greenberg Traurig. The firm said Giuliani is on a leave of absence, effective today.

FINAL DAY TO ENTER #POETWEETNYC 2018

The ninth annual #PoetweetNYC contest wraps up today, giving readers the chance to have their poems published in Metro. #PoetweetNYC is run by the Mayor's Office and the Department of Cultural Affairs in celebration of National Poetry Month. Winners will be announced in Metro on Poem in Your Pocket Day on April 26 and via the city's social media channels. To enter, tweet your original poem using #PoetweetNYC in a single tweet by 5 p.m. today. You may enter as many original poems as you

would like, keep it clean because any poem that's obscene, defamatory or inappropriate will be disqualified. The winners will be announced and featured in Metro on Poem in Your Pocket Day on April 26 and via the city's @NYCMayorsOffice and @NYCulture Twitter accounts. New Yorker City residents are encouraged to carry a Poem in Your Pocket on April 26 to share with friends or strangers. The day was founded by the mayor's office in 2002 and is celebrated across the U.S. and Canada.

MORGAN ROUSSEAU



PLANNED WORK

MTA

Track Replacement



WEEKENDS 12:15 AM Sat to 4:30 AM Mon Apr 21 – 23, Apr 28 – 30

No 7 trains between 34 St-Hudson Yards and Queensboro Plaza

Take the **BBNWS** and **B** free shuttle buses

- 7 service runs between Main St and Queensboro Plaza
- 42 St S Shuttle runs overnight
- market runs Saturday from 7 AM to 9 PM and on Sunday from 9 AM to 7 PM

Travel Alternatives:

- For service between Queens and Manhattan, take the **EFN** or **W**
- Transfer at Queensboro Plaza 700 or 74 St-Roosevelt Av 766
- Free shuttle buses run along two routes:
 - 1. Between **Hudson Yards** and **Times Sq**
 - 2. Between Queensboro Plaza and Vernon Blvd-Jackson Av

Stay Informed

Call 511 and say "Current Service Status", look for informational posters in stations, or visit **mta.info** where you can access the latest Planned Service Changes information, use TripPlanner⁺, and sign up for free email and text alerts.

John Oppermann writes. "When basic environmental protections we have taken for granted for decades are degraded, it is up to individuals to take things into their own hands." GETTY IMAGES

OP-ED: IN AN ACTIVIST AGE, MAKE YOUR ACTIONS MATTER

OPINION

JOHN OPPERMANN

John Oppermann, Esq. is Earth Day Initiative's executive director and a green real estate specialist at Green | Real Estate | NYC.



an activist age. People are actively seeking out ways to make a positive impact in their own lives. From the Women's March to the March for Our Lives, people are turning out in bers. From lawyers providing pro bono counsel to families facing deportation to young people organizing fossil fuel divestment campaigns at their schools, people are clamoring for hands-on ways to engage on the ground.

On the environmental front, there is plenty to do. With the Environmental Protection Agency being dismantled from within, climate scientists coming under attack by climate skeptics and polluting industries, and our national parks being significantly scaled back, the health of our environment can use all the help

environmental protections we have taken for granted for decades are degraded, it is up to individuals to take things into their own hands.

Our aim is to allow people to do just that. We are counting down to the 50th anniversary of Earth Day in 2020 by empowering people to take simple actions that make a big

impact. Our "Do Just 1 Thing" campaign allows

their electricity supply and support the transition to wind and solar energy at our website dojust1thing.org.

In some cases, this

might mean making a onetime 60-second switch to renewable energy that will result in monthly support via your regular elec-tricity bill to renewable energy suppliers.

In other cases, it might mean joining a community solar project,

and small businesses to become a partial leaser of a brand new rooftop solar farm and saves you money as you get paid for the electricity generated by those solar panels. It's a win-win for both the environment and your household budget as you can help build solar energy generation and save money.

In the new age of activism, don't sit on the sidelines. Take a simple action that has a big impact today. Do just one thing. Then tomorrow do one more. And day by day all our actions will build the future we want to live in.

Staten Island Urby residents reap what's sown in onsite urban farm

Brooklyn native Zaro Bates didn't experience locally sourced food until she attended Cornell University, but once she did, she knew the career path she wanted to sow.

"I was looking for something tangible to really feel the impact of my work on a day-to-day basis," the 28-year-old said. "I was attracted to farming because it was more tangible, and you see the results sometimes within a month. It's definitely more gratifying."

Bates gets to see the fruits of her labor every day at Staten Island Urby, a residential complex on the North Shore waterfront where she has been farmer-in-residence since its 5,000-square-foot urban farm began in 2016.

"It's a really exciting opportunity to do something in New York City because it can be difficult to live a conscious lifestyle here," Bates said. "Everyone is so busy and a lot of emphasis is on work and career, and it

"We wanted to share that there is so much that can be produced in a small space."



"In the

new age of

activism,

don't sit

on the

sidelines."

John Oppermann

Zaro Bates is Staten Island Urby's farmer-in-residence. The 28-year-old Brooklyn native is seen here with her husband and business partner, Asher Landes. ENDUT HUBERS

can be hard to find time to cook a meal or go to a farmers market or ponder where food is coming from."

So Bates brought the farm right to Urby residents and their community neighbors.

"I think the location and highly urbanized environment was a big draw for bringing a farm to that location because there's so much opportunity to shift the perspective and open people up to the magic of growing food," she said.

Bates is also changing what people think can be done with an urban farm.

"We wanted to share that there is so much that can be produced in a small space," she said. While Urby has hosted

a weekly farm stand to share the bounty in years past, Bates hopes to focus on expanding the community-supported agriculture (CSA) program this year, for which there's been a lengthy wait list.

"We're offering more shares and testing to see if the community wants to participate in the CSA program," she said. "We're going to see how

that goes and wouldn't have the farm stand, but we're working to develop relationships with partner farms so we can do

In addition to giving the community a very close farm-to-table source. Urby's farm also offers day-in-the-life experiences like herb-growing and beekeeping workshops.

"We want to work on getting as many people as possible to engage and experience the farm," she

THE HARVEST AT STATEN ISLAND URBY'S FARM

While Zaro Bates, Staten Island Urby's farmer-in-residence, works with partner farms to provide other produce to residents and the surrounding community, her on-site urban farm harvests: Salad and mix greens, including spinach, baby kale and aruqula, Tomatoes, Peppers, Carrots, Radishes, Sweet salad turnips, Herbs, Flowers, Edible flowers



HUDSON RIVER PARK'S PIER 40, NEW YORK

BROADWAY CRUISES

A Hornblower New York City Lights Dinner Cruise Exclusive Pop-Up Experience

Drink, dine, and enjoy a live performance of your favorite show tunes as the NYC skyline passes you by.

Running May - October on select dates only.







Community solar aims to bring renewable energy to everyone

For Earth Day, environmental activists encourage people to look into community solar projects, which give the benefits of solar energy without panels on your own roof.



Anyone can go outside and enjoy the sun, but can everyone benefit from solar power?

If you don't have the finances, or the roof, to install solar panels, you may have thought you had to miss out on the renewable energy resource, but a movement of "community solar" has been gaining traction.

Community solar is a

model that lets you get the benefits (both economic and environmental) of solar panels, without actually installing them on your roof. The whole concept, said Nick Baudouin, co-founder of community solar software company Power-Market, is "solar for all."

"It's for everyone, not just everyone who can check off a lot of boxes," like previous requirements of home ownership, an in-the-thousands installation payment, a credit check and so on, he said. "I live in a city, in an apartment, and clearly I can't put solar on my roof, but I can still be part of solar and be part of the sharing economy."

Instead of having panels right on your roof, you can basically rent panels in a nearby community solar farm and see the savings — in some cases,

guaranteed amounts — in your energy bills.

PowerMarket works with solar developers to establish community solar programs, handling the software that deals with the utility companies, the households, making sure the credit goes toward the energy bills and so on. There's a lot of administrative work to it, he said, but it's worth it to make solar more accessible.

Currently, Power-Market has about seven community solar projects in both New York and Massachusetts. Some are still looking for people to sign on, like a project in Palmer, Massachusetts that will provide a carbon trade-off equivalent to planting 372 trees a year, while others are mostly booked up and awaiting construction, like a rooftop solar farm for Queens.



PowerMarket works with solar developers to establish community solar programs, GETTY IMAGE

EARTH DAY EVENTS IN NEW YORK CITY

EARTH DAY INITIATIVE 5K GREEN

Friday, April 20: This walking tour will stop by different spots around the city so you can learn about green initiatives like a Broadway theater that's going green and partake in an upcycling planting activity. Plus, you'll learn about how solar energy works and how you can get involved with solar in New York City.

NEW YORK PASSIVE HOUSE ICEBOX CHALLENGE EVENT

Saturday, April 21: This contest focuses on how a home can be energy efficient and comfortable, and launches on Broadway this Saturday with a live art performance and remarks from NYC Mayor's Office of Sustainability, Garment District Alliance and more. PowerMarket will be participating as well.

EARTH DAY SPRING KICKOFF

Sunday, April 22: The Astoria Park Alliance is hosting an Earth Day event featuring environmental education, sustainability demos, instructions on how to build a solar oven, live music and more. Bring the whole family to taste local honey and learn how to recycle.

COMPOST YOUR FOOD SCRAPS with GrowNYC

60 convenient food scrap drop off locations citywide.

For details, locations & hours visit GrowNYC.org/Compost



GrowNYC.org/Compost Recycle@GrowNYC.org 212.788.7964



GREENMARKET DROP-OFFS FOR CLOTHING • SHOES • TEXTILES



Drop clean and dry clothing, paired shoes, linens, handbags, belts, and other reusable textiles at select Greenmarkets citywide and we'll keep them out of the landfill.

For locations & schedules visit: GrowNYC.org/Clothing





Fibroid Pain? **UFE** - Not Hysterectomy

If You Suffer From Any of These FIBROID Symptoms...

- Bleeding Between Periods
- Reproductive Dysfunction
- Protruding Belly
- Frequent Urination
- Heavy Bleeding
- Pelvic Pain
- Bloating
- Constipation

...Then Consider Uterine Fibroid Embolization (UFE)

- Minimally invasive & non-surgical
- Short recovery and **no hospitalization**
- **Covered** by Medicaid & most insurance plans

Don't Hesitate, Call Today!

116-02 Queens Blvd

B

B

R Forest Hills, NY 11375

30-33 Steinway N Q M R Astoria, NY 11103

162-03 Jamaica Ste 200 Queens, NY 11432 E 0 5 6

LONG ISLAND

260 Sunrise Hwy #102 Valley Stream, NY 11581

MANHATTAN

122 Fulton St A C 0 2 2 3 Manhattan, NY 10038

1264 St. Nicholas, Ave A C 1 Washington Hts, NY 10026

BROOKLYN

2444 86th St. Ste A 0 Brooklyn, NY 11214

924 Flatbush Ave. **QB 2 5** Brooklyn, NY 11226

2965 Ocean Pkwy #200 @ B Brighton Beach, NY 11235

BRONX

5221 Broadway 1 Bronx, NY 10463

384 E 149th St. # 201 Bronx, NY 10455 2 5

2157 White Plains Rd Bronx, NY 10462 0 2 5



www.USAFibroidCenters.com



City programs make it easy to donate unwanted items

WRITTEN BY Amy Smith

Looking for an easy way to offload unwanted clothes? The NYC Department of Sanitation (DSNY) is simplifying the process by offering donation bins directly to apartment buildings that have at least 10 units. Schools, businesses and commercial buildings can also opt into the clothing donation service.

No more lugging bags of old clothes to storefront donation centers or, worse yet, trashing clothing that could go to New Yorkers in need.

The bins are part of DSNY's refashionNYC program, which goes hand in hand with the City's commitment to reuse. When they reach capacity, simply schedule a pickup via phone or email. All proceeds from donations support the charitable mission of Housing Works, a nonprofit organization that helps to fight the dual crises of homelessness and AIDS.

refashionNYC is now serving nearly 150,000 households-or more than 400,000 residents. Since the program started, over 12 million pounds of clothing and textiles have been reused or recycled.

New York City residents discard about 3.1 million tons of waste each year, according to the 2017 DSNY Waste Characterization study. For the average household, that works out to about 1,990 pounds.

refashionNYC is only one of the many DSNY initiatives addressing the issue of waste reduction. donateNYC also helps New Yorkers divert waste by helping residents, businesses, and organizations donate those items instead.. What's more, you can also find goods with online tools that make it easy to pinpoint gently used and surplus materials. Donating and reusing goods, instead of discarding them, reduces waste, conserves energy

and resources, saves money, and supports organizations working to improve the lives of New Yorkers.

Local businesses and nonprofits can use the donateNYC Exchange, an online materials reuse platform, to give and receive large quantities of items. Each donation made through the Exchange gives items new life, diverts waste from landfills, and supports local nonprofit groups. donateNYC also assists

individual residents via the donateNYC Directory, an online and mobile search tool that locates convenient places to donate or find secondhand goods. DSNY also supports local donation and reuse



organizations through the donateNYC Partnership program, which offers qualifying nonprofits a variety of benefits including publicity, workshops, data analysis, and conferences.

Ready to get rid of unwanted goods by doing good? Visit nyc.gov/ refashion to get more information on how your building can receive a refashionNYC collection bin.





SOFA & LOVESEAT SETS



5-PIECE BLACK BEDROOM SET (Dresser, Mirror, Queen Headboard, 2 nightstands)

An AFF Exclusive)

starting at...

Office Desks

TV Stands STARTING AT \$19.99 Stop In For More Amazing Deals!

Office Chairs STARTING AT \$24.99

STARTING AT \$149.99

SECAUCUS, NJ

30 Enterprise Avenue North Secaucus, NJ 07094

201.241.2400

Mon-Fri 11AM-8PM / Sat 10AM-6PM / Sun 12PM-5PM



Visit Your Local AFR® Clearance Center & Start Saving Today!

Like Us Un Facebook!

New & Previously Rented Furniture

EXPERIENCE MORE AT AFRCC.COM

*Photos are for advertising purposes only and may not match the condition of current sale merchandise. Prices reflect previously rented merchandise. Other exclusions may apply. See store for details.





Affordable Housing for Rent



124 NEWLY CONSTRUCTED UNITS AT 401 - 411 EAST 120th STREET • EAST HARLEM

Amenities: Children's Play Area, Laundry Room, Recreational Outdoor Deck, Security Cameras, and Fitness Center.

Transit: Trains - 4, 5, 6 / Metro North - 125th Street / Buses - M15, M116, M60

No application fee • No broker's fee • Smoke-free building • No Pets • No Smoking. More information: www.acacianetwork.org/acaciagardens/

This building is being constructed through the Extremely Low and Low Income Affordability (ELLA) Program of the New York City Housing Development Corporation (HDC) and the New York City Department of Housing Preservation and Development (HPD).

Who Should Apply?

Individuals or households who meet the income and household size requirements listed in the table below may apply. Qualified applicants will be required to meet additional selection criteria. Applicants who live in New York City receive a general preference for apartments.

A percentage of units is set aside for:

- Mobility-disabled applicants (5%)
- · Vision- or hearing-disabled applicants (2%)

Preference for a percentage of units goes to:

Residents of Manhattan Community Board 11 (50%)
 Municipal employees (5%)

AVAILABLE UNITS AND INCOME REQUIREMENTS

INCOME	Unit Size	Monthly Rent ¹	Units Available		Household Size ²	Annual Household Income ³ (Minimum – Maximum) ⁴		Monthly Rent ¹	Units Available		Household Size ²	Annual Household Income ³ (Minimum – Maximum) ⁴
	Studio	\$822	23	→	1 person	\$30,069 - \$43,860	¥	\$1,125	3	-	1 person	\$40,458 - \$73,100
	1 bedroom	\$882	26	-	1 person	\$32,195 - \$43,860	N INCOME S	r 447	6	-	1 person	\$50,538 - \$73,100
Zω					2 people	\$32,195 - \$50,100		\$1,417			2 people	\$50,538 - \$83,500
MEDIAN AI) UNITS	2 bedroom	\$1,065	56	-	2 people	\$38,503 - \$50,100	EA MEDIAN (AMI) UNITS	\$1,706	9	-	2 people	\$60,480 - \$83,500
					3 people	\$38,503 - \$56,340					3 people	\$60,480 - \$93,900
					4 people	\$38,503 - \$62,580					4 people	\$60,480 - \$104,300
AREA (AI	3 bedroom		1	-	3 people	\$44,503 - \$56,340	ARE.					
/ %09		\$1.224			4 people	\$44,503 - \$62,580	100%					
		Φ1,224			5 people	\$44,503 - \$67,620	ĕ					
					6 people	\$44,503 - \$72,600						

¹ Rent includes gas for cooking, heat and hot water. 2 Household size includes everyone who will live with you, including parents and children. Subject to occupancy criteria.

How Do You Apply?

Apply online or through mail. To apply online, please go to nyc.gov/housingconnect. To request an application by mail, send a self-addressed envelope to: ACACIA Gardens, 413 East 120th Street, Room 305, New York, NY 10035. Only send one application per development. Do not submit duplicate applications. Do not apply online and also send in a paper application. Applicants who submit more than one application may be disqualified.

When is the Deadline?

简体中文

Русский

한국어

Kreyòl

Ayisyien

Applications must be postmarked or submitted online no later than May 29, 2018. Late applications will not be considered.

What Happens After You Submit an Application?

After the deadline, applications are selected for review through a lottery process. If yours is selected and you appear to qualify, you will be invited to an interview to continue the process of determining your eligibility. Interviews are usually scheduled from 2 to 10 months after the application deadline. You will be asked to bring documents that verify your household size, identity of members of your household, and your household income.

Español	Presente una solicitud en línea en nyc.gov/housingconnect. Para recibir una traducción de español de este anuncio y la solicitud impresa,
₹	envíe un sobre con la dirección a: ACACIA Gardens, 413 East 120 th Street, Room 305, New York, NY 10035. En el reverso del

sobre, escriba en inglés la palabra "SPANISH." Las solicitudes se deben enviar en línea o con sello postal antes de 29 de mayo 2018.

访问 nyc.gov/housingconnect 在线申请。如要获取本广告及书面申请表的简体中文版,请将您的回邮信封寄送至: ACACIA Gardens, 413 East 120th Street, Room 305, New York, NY 10035. 信封背面请用英语注明 "CHINESE"。必须在以下日期之前在线提交申请或邮寄书面申请2018年5月29.

Чтобы подать заявление через интернет, зайдите на сайт: <u>nyc.gov/housingconnect</u>. Для получения данного объявления и заявления на русском языке отправьте конверт с обратным адресом по адрєсу ACACIA Gardens, 413 East 120th Street, Room 305, New York, NY 10035. На задней стороне конверта напишите слово "RUSSIAN" на английском языке. Заявки должны быть поданы онлайн или отправлены по почте (согласно дате на почтовом штемпеле) не позднее 29 май 2018.

nyc.gov/housingconnect 에서 온라인으로 신청하십시오. 이 광고문과 신청서에 대한 한국어 번역본을 받아보시려면 반송용 봉투를ACACIA Gardens, 413 East 120th Street, Room 305, New York, NY 10035으로 보내주십시오. 봉투 뒷면에 "KOREAN" 이라고 영어로 적어주십시오. 2018년5월29 까지 온라인 신청서를 제출하거나 소인이 찍힌 신청서를 보내야 합니다.

Aplike sou entènèt sou sitwèb <u>nyc.gov/housingconnect</u>. Pou resevwa yon tradiksyon anons sa a nan lang Kreyòl Ayisyen ak aplikasyon an sou papye, voye anvlòp ki gen adrès pou retounen li nan: ACACIA Gardens, 413 East 120th Street, Room 305, New York, NY 10035. Nan dèyè anvlòp la, ekri mo "HAITIAN CREOLE" an Anglè. Ou dwe remèt aplikasyon yo sou entènèt oswa ou dwe tenbre yo

تقدم بطلب عن طريق الإنترنت على الموقع الإلكتروني <u>nyc.gov/housingconnect</u>. للحصول على ترجمة باللغة العربية لهذا الإعلان ولنموذج الطلب الورقي، أرسل مظروف يحمل اسمك وعنوانك إلى: ACACIA Gardens, 413 East 120th Street, Room 305, New York, NY 10035. على الجهة الخلفية للمظروف، اكتب باللغة الإنجليزية كلمة "ARABIC". يجب إرسال نماذج الطلبات عن طريق الإنترنت أو ختمها بختم البريد قبل <u>20</u> مايو، <u>2018</u>.

Mayor Bill de Blasio • HPD Commissioner Maria Torres-Springer • HDC President Eric Enderlin



anvan dat me 29, 2018.











³ Household earnings includes salary, hourly wages, tips, Social Security, child support, and other income. Income guidelines subject to change. ⁴ Minimum income listed may not apply to applicants with Section 8 or other qualifying rental subsidies. Asset limits also apply.







VARICOSE VEINS

■ SPIDER VEINS

■ LEG ULCERS

■ LEG SWELLING

BURNING

□ ITCHING

■ RESTLESSNESS



Trust the doctor that cares about you!

Personal & discrete care delivered directly by Ronald Lev, MD

Certified by the American Board of Venous and Lymphatic Medicine

We Accept Most Health Insurances including Medicare

Minimally invasive procedures



CALL TODAY! 212.204.6501

9 111 John St, Ste 1450, New York, NY 10038 ₹ 369 Lexington Ave, Ste 18A, bet 40 & 41st New York, NY 10016

TreatmentsOfManhattan.com DRLEV@TREATMENTSOFMANHATTAN.COM





Citi Bike for no charge Saturday for **Car Free Earth Day**

Broadway from Times Square to Union Square and nine blocks along St. Nicholas Avenue will be car-free for pedestrians and cyclists on Saturday.



New Yorkers know the many benefits of biking here, but what better way to celebrate New York City's Car Free Earth Day on Saturday than by taking a free spin on a Citi Bike?

Thanks to a partner-ip with MasterCard, Citi Bike riders can obtain a free day pass through citibikenyc.com/ carfreeday or the bike-

share's app.
"They say there's no such thing as a free lunch, but on Car Free Earth Day, free Citi Bike rides are the real deal," said Citi Bike General Manager Kris Sandor. "New York is one of the best cities in the nation to explore by bike, and there's no better day to try out — for free — one of the most fun, healthy and eco-friendly ways to get around town.'

Saturday's Car Free Earth Day, which comes the day before real Earth Day, opens up about 30 blocks of Broadway, from Times Square to Union Square, to pedestrians and cyclists from 9 a.m.

Additionally, nine blocks along St. Nicholas Ave. in Washington Heights, between West 181st and West 190th St., will also be car-free from 10 a.m. to 4 p.m. on Saturday.

Certain sections of both areas will offer Car Free Earth Day programming centered on climate change, sustainability and more. Similar events and a parade will also take place at Albee Square and Albee Square West in Downtown Brooklyn from 1 p.m. to 5 p.m. on

Citi Bike will have a Car Free Earth Day tent at Broadway and 22nd Street to New Yorkers who may need some help getting comfortable on a bike, and new customers can also save \$25 on an annual membership. Current members can recycle their key fob and sign up to unlock Citi Bikes right from the app at the tent as well and receive a giveaway when they do so.

Ánnual Čiti Bike memberships cost \$169 for 365 days of unlimited 45-minute rides. One-day and three-day passes offer unlimited 30-minute trips for \$12 and \$24, respectively. Citi cardholders receive a 10 percent discount on annual memberships, while some employees at select city-based companies can receive subsidized annual memberships as well.



rides.

CITI BIKE SUSTAINABILITY

Last year, Citi Bike riders:

- took more than 16.5 million rides
- saved more than 23 million pounds of carbon from going into the atmosphere the equivalent amount of carbon sequestered by 45,454 acres of forests in a single year.



Affordable Housing for Rent



38 NEWLY CONSTRUCTED UNITS AT 105 S. 5th STREET, WILLIAMSBURG, BROOKLYN



Amenities: Recreation room, laundry room, security system throughout the building, electronic key entry, indoor bike parking, outdoor terrace, rear yard, parking* (additional fees apply).

Transit: Trains: M/J/L; Buses: Q54, Q59

No application fee • No broker's fee • Smoke-free building

This building is being constructed through the Extremely Low and Low-Income Affordability (ELLA) of the New York City Housing Development Corporation and the New York City Department of Housing Preservation and Development.

Who Should Apply?

Individuals or households who meet the income and household size requirements listed in the table below may apply. Qualified applicants will be required to meet additional selection criteria. Applicants who live in New York City receive a general preference for apartments.

- A percentage of units is set aside for applicants with disabilities:
 - Mobility (5%)
 - o Vision/Hearing (2%).
- Preference for a percentage of units goes to:
 - Residents of Brooklyn CB1 (50%)
 - Municipal employees (5%)

AVAILABLE UNITS AND INCOME REQUIREMENTS

Unit Size	N ITS	Monthly Rent ¹	Units Available		Household Size ²	Annual Household Income ³ (Minimum – Maximum) ⁴	
Studio	ONI	\$865	9	\rightarrow	1 person	\$31,543 - \$43,860	
1	A MEI (AMI)	Ф000	10		1 person	\$33,806 - \$43,860	
1 bedroom	#	\$929	10	7	2 people	\$33,806 - \$50,100	
	60% AF INCOME			→	2 people	\$40,423 - \$50,100	
2 bedroom	909 NCC	\$1,121	19		3 people	\$40,423 - \$56,340	
	_				4 people	\$40,423 - \$62,580	

- ¹ Rent includes gas for cooking and water.
- ² Household size includes everyone who will live with you, including parents and children. Subject to occupancy criteria.
- ³ Household earnings includes salary, hourly wages, tips, Social Security, child support, and other income. Income guidelines subject to change.
- ⁴ Minimum income listed may not apply to applicants with Section 8 or other qualifying rental subsidies. Asset limits also apply.

How Do You Apply?

Apply online or through mail. To apply online, please go to nyc.gov/housingconnect. To request an application <u>by mail, send a self-addressed envelope to</u>: 105 S. 5th Street, P.O Box 810, 135 S. Black Horse Pike, Williamstown, NJ 08094. Only send one application per development. Do not submit duplicate applications. Do not apply online and also send in a paper application. Applicants who submit more than one application may be disqualified.

When is the Deadline?

Applications must be postmarked or submitted online no later than <u>June 22, 2018</u>. Late applications will not be considered.

What Happens After You Submit an Application?

After the deadline, applications are selected for review through a lottery process. If yours is selected and you appear to qualify, you will be invited to an interview to continue the process of determining your eligibility. Interviews are usually scheduled from 2 to 10 months after the application deadline. You will be asked to bring documents that verify your household size, identity of members of your household, and your household income.

Español Presente una solicitud en línea en nvc.qov/housingconnect. Para recibir una traducción de español de este anuncio y la solicitud impresa, envíe un sobre con la dirección a: 105 S.5th Street, P.O Box 810, 135 S. Black Horse Pike, Williamstown, NJ 08094. En el reverso del sobre, escriba en inglés la palabra "SPANISH." Las solicitudes se deben enviar en línea o con sello postal antes de 22/6/2018.

简体中文 访问 <u>nvc.gov/housingconnect</u> 在线申请。如要获取本广告及书面申请表的简体中文版,请将您的回邮信封寄送至: 105 S.5th Street, P.O Box 810, 135 S. Black Horse Pike, Williamstown, NJ 08094. 信封背面请用英语注明 "CHINESE"。必须在以下日期之前在线提 交申请或邮寄书面申请 2018/6/22.

Чтобы подать заявление через интернет, зайдите на сайт: <u>пус. qov/housinqconnect</u>. Для получения данного объявления и заявления на русском языке отправьте конверт с обратным адресом по адресу 105 S.5th Street, P.O Box 810, 135 S. Black Horse Pike, Williamstown, NJ 08094. На задней стороне конверта напишите слово "RUSSIAN" на английском языке. Заявки должны быть поданы онлайн или отправлены по почте (согласно дате на почтовом штемпеле) не позднее <u>22/6/2018</u>.

한국어 nvc.qov/housingconnect 에서 온라인으로 신청하십시오. 이 광고문과 신청서에 대한 한국어 번역본을 받아보시려면 반송용 봉투를 105 S.5th Street, P.O Box 810, 135 S. Black Horse Pike, Williamstown, NJ 08094으로 보내주십시오 봉투 뒷면에 "KOREAN" 이라고 영어로 적어주십시오. 2018/6/22 까지 온라인 신청서를 제출하거나 소인이 찍힌 신청서를 보내야 합니다

Aplike sou entènèt sou sitwèb nyc.qov/housingconnect. Pou reserwa yon tradiksyon anons sa a nan lang Kreyòl Ayisyen ak aplikasyon ansou papye, voye anvlòp ki gen adrès pou retounen li nan:105 S.5th Street,

P.O Box 810, 135 S. Black Horse Pike, Williamstown, NJ 08094. Nan dèyè anvlòp la, ekri mo "HATIAN CREOLE" an Anglè. Ou dwe remèt aplikasyon yo sou entènèt oswa ou dwe tenbre yo anvan dat 6/22/2018

تقدم بطلب عن طريق الإنترنت على الموقع الإلكتروني nvc. agov/housingconnect. للحصول على ترجمة باللغة العربية لهذا الإعلان ولنموذج الطلب الورقي، أرسل مظروف يحمل اسمك وعنوالك الى:,ARABIC ومن من المريد قبل 2018/6/22. وعلى الإسلام المواقع الإلايد قبل 2018/6/22 . وعلى الإمال نماذج الطلبات عن طريق الإنترنت أو ختمها بختم البريد قبل 2018/6/22











Talking pot with Tommy Chong

Tommy Chong comes clean about the "Up in Smoke' 40th anniversary, if we'll see a new Cheech & Chong movie, his favorite strain and more, man.



Tommy Chong has been "America's sweetheart of cannabis" and stoneverywhere since forming the Cheech & Chong comedy duo with Richard "Cheech" Marin back in the '70s, but it was the release of their first film, "Up in Smoke," that gave Cheech & Chong cult status.

"Up in Smoke" turns 40 this year, and if you find that hard to believe, imagine how himself feels.

then, "Back weren't really planning on living this long, so everything that's been happening for the past 20 years has been a big surprise to both of us, he told Metro with a laugh.

In honor of the anniversary, a deluxe col-lector's edition of "Up Smoke" is being released, fittingly, on 4/20, which includes a newly recorded version of the title song, rolling papers, a film poster,

booklet with new essays by Cheech & Chong and rare, unseen photos and



Cheech & Chong's cult classic "Up in Smoke" turns 40 this year. NEIL VISEL

Affordable Housing for Rent 10 MONTIETH STREET

100 NEWLY CONSTRUCTED UNITS at 10 Montieth Street, Brooklyn, NY 11206 **Bushwick South**

Amenities: on-site super, mail room, package room, card-operated laundry room, elevator building, gym*, climbing wall*, squash court*, sauma*, bike storage*, storage room*, courtyard*, recreation room*, game room*, children's playroom*, business center," art studios*, screening room*, sun decks*, outdoor grill stations*, café*, spa*, salons*, yoga/dance studios*, on-site parking* ("additional fees apply)

Transit: Trains: J/M/Z/L, Buses: B54/ B57/ B46/ B47/ B60 No application fee • No broker's fee • Smoke-free building

This building is being constructed through the Inclusionary Housing Program and is anticipated to receive 421-a Tax Incentive Program of the New York City Department of Housing Preservation and Development. constructed through the Inclusionary Housing Program and is anticipated to receive a Tax Exemption through the

Who Should

Individuals or households who meet the income and household size requirements listed in the table below may apply. Qualified applicants will be required to meet additional selection criteria. Applicants who live in New York City receive a general preference for apartments.

- A percentage of units is set aside for
- o Mobility-disabled applicants (5%) o Vision- or hearing-disabled applicants (2%)
 - Preference for a percentage of units goes to:
 - o Residents of **Brooklyn Community Board 4** (50%) o Municipal employees (5%)

Up to half of CB preference units may be allocated through referrals of applicants from city agencies

AVAILABLE UNITS AND INCOME REQUIREMENTS

Unit Size	(A)	Monthly Rent ¹	Units Available		Household Size ²	Annual Household Income ³ (Minimum – Maximum) ⁴		
Studio	DIAN	\$913	32	\rightarrow	1 person	\$33,189 - \$43,860		
1 hadraan	MEC (I) U	\$980	E4		1 person	\$35,555 - \$43,860		
1 bedroom	EA ME	\$960	54		2 people	\$35,555 - \$50,100		
	% AF			→	2 people	\$42,549 - \$50,100		
2 bedroom	60% ARI	\$1,183	14		3 people	\$42,549 - \$56,340		
					4 people	\$42,549 - \$62,580		

- 1 Rent includes gas for cooking, heat and hot water. Tenants are responsible for electricity.
- Household size includes everyone who will live with you, including parents and children. Subject to occupancy criteria.
 Household earnings includes salary, hourly wages, tips, Social Security, child support, and other income. Income guidelines subject to change.
- ⁴ Minimum income listed may not apply to applicants with Section 8 or other qualifying rental subsidies. Asset limits also apply.

Apply online or through mail. To apply online, please go to nyc.gov/housingconnect. To request an application by mail, send a self-addressed envelope to: Montieth Street Apartments, Housing Partnership Development Corporation, 242 West 36th Street, 3FL, New York, NY 10018. Only send one application per development. Do not submit duplicate applications. Do not apply online and also send in a paper application. Applicants who submit more than one application may be disqualified.

When is the Deadline?

Русский

한국어

Applications must be postmarked or submitted online no later than June 18, 2018. Late applications will not be considered. What Happens After You Submit an Application?

After the deadline, applications are selected for review through a lottery process. If yours is selected and you appear to qualify, you will be invited to an interview to continue the process of determining your eligibility. Interviews are usually scheduled from 2 to 10 months after the application deadline. You will be asked to bring documents that verify your household size, identity of members of your household, and your household income.

Presente una solicitud en línea en <u>nvc.gov/housingconnect</u>. Para recibir una traducción de español de este anuncio y la solicitud impresa, envíe un sobre con la dirección a: Montieth Street Apartments, Housing Partnership Development Corporation, 242 West 36th Street, 3FL, New York, NY 10018. En el reverso del sobre, escriba en inglés la palabra "SPANISH." Las solicitudes se deben enviar en línea o con sello postal antes de **18 de junio 2018**. Español

简体中文 访问 nyc.gov/housingconnect 在线申请。如要获取本广告及书面申请表的简体中文版,请将您的回邮信封寄送至: Montieth Street Apartments, Housing Partnership Development Corporation, 242 West 36th Street, 3FL, New York, NY 10018. 信封背面请用英语注明

"CHINESE"。必须在以下日期之前在线提交申请或邮寄书面申请2018年6月18日。

Чтобы подать заявление через интернет, зайдите на сайт: nyc.gov/housingconnect. Для получения данного объявления и заявления на русском языке отправьте конверт с обратным адресом по адресу Montieth Street Apartments, Housing Partnership Development Corporation, 242 West 36th Street, 37E, New York, NY 10018. На задней стороне конверта напишите слово "RUSSIAN" на английском языке. Заявки должны быть поданы онлайн или отправлены по почте (согласно дате на почтовом штемпеле) не позднее 18 июнь 2018.

<u>nvc.gov/housingconnect</u> 에서 온라인으로 신청하십시오. 이 광고문과 신청서에 대한 한국어 번역본을 받아보시려면 반송용 Montieth Street Apartments, Housing Partnership Development Corporation, 242 West 36th Street, 3FL, New York, NY 10018 으로 보내주십시오. 봉투 뒷면에 "KOREAN" 이라고 영어로 적어주십시오. **2018년6월18일**까지 온라인 신청서를 제출하거나 소인이 찍힌

Aplike sou entènèt sou sitwèb <u>nyc.qov/housinqconnect</u>. Pou resevwa yon tradiksyon anons sa a nan lang Kreyòl Ayisyen ak aplikasyon an sou papye, voye anvlòp ki gen adrès pou retounen li nan: Montieth Street Apartments, Housing Partnership Development Corporation, 242 West 36th Street, 3FL, New York, NY 10018. Nan dèyè anvlòp la, ekri mo "HATIAN CREOLE" an Anglè. Ou dwe remèt aplikasyon yo sou entènèt oswa ou dwe tenbre yo anvan dat jen 18 2018.

تقدم بطلب عن طريق الإنترنت على الموقع الإنتروني nyc.gov/housingconnect, للحصول على ترجمة باللغة العربية لهذا الإعلان وللموذج الطلب الورقي، أرسل مظروف يحمل اسمك وعلوائك إلى: Montieth Street Apartments, Housing Partnership Development Corporation, 3FL, New York, NY 10018 على الجهة الخلفية للمظروف، اكتب باللغة الإمجليزية كلمة "ARABIC". يجب إرسال نماذج الطلبات عن طريق الإنترنت أو ختمها بختم البريد قبل 18 يونيو، 2018. Five things New Yorkers need to know about marijuana

It's that time of year. No, we're not referring to the blooming trees of spring, but New Yorkers are excited about another type of greenery. Marijuana, pot, weed, grass - Friday marks 4/20, which is celebrated each year on April 20 in honor of this popular plant and the cannabis culture that surrounds it. Here are a few things to know about marijuana in the NYC area.

The lowdown on getting high in NYC

1. New York gubernatorial candidate Cynthia Nixon favors legalizing marijuana. The former 'Sex and the City" star reportedly told supporters at a private fundraising event last week that if elected, she would "legalize marijuana and put a tax on it."

2. New Jersey is expanding its medical marijuana program by adding five categories of medical conditions, reducing patient and caregiver fees and making it easier for patients to get the proper amount of product. "We are changing the restrictive culture of our medical marijuana program to make it more patient-friendly," Gov. Phil Murphy said on March 27.







Mayor Bill de Blasio • HPD Commissioner Maria Torres-Springer

13



Q&A

TOMMY CHONG

of the Cheech & Chong comedy duo with Richard "Cheech" Marin

When was the last time you watched "Up in Smoke?"

About a year ago, I was at the Mammoth Film Festival, and they played "Up In Smoke," and I watched it and really enjoyed it. It's a very good móvie.

There are lots of goodies in the collector's edition. What's your favorite?

Anything smokable that's in the VIP package and only the actors can have that. But I like all the stuff; it's a fun grab bag of

What can fans expect from the "Up in Smoke" live shows?

They can expect everything, and we give them every-

Tommy Chong NEIL VISE

thing, the full Monty, as they say, so that's what they can expect — a full Monty of Cheech & Chong bits.

You guys really introduced stoner culture to the masses, but do you miss when marijuana wasn't so mainstréam?

You know, I've never been judgmental, and as a result, Í enjoy everything. When I was in jail, I enjoyed it, so I enjoy myself wherever I'm at, so no, I don't miss those days at all.

Are you surprised so many states have legalized marijuana in some capac-

Not really. I've known about this secrét. Weed was legal before the Puritans took

3. A racial disparity still persists in marijuana arrests, according to police data showing that the NYPD arrested 16,925 people last year for lowlevel pot-related offenses. That comes despite Mayor Bill de Blasio's outspoken criticism of such arrests.

4. Possession of cannabis is decriminalized in New York City, but not legalized. People caught with up to 25 grams of cannabis could face a \$100 fine. A second offense is \$200, a third offense is \$250 and a possible 15-day jail sentence. Smoking pot in public is a misdemeanor, punishable by a \$250 fine and up to 90 days in jail.

60%

A recent poll found that 60 percent of New York City-specific voters backed legalizing pot.

5. A recent poll found that the majority of New York voters support legalizing recreational use of weed. In February, Siena College released a poll that showed 56 percent of voters surveyed

favored legalization. Two-thirds of Democrats and 57 percent of independents were supportive, according to the data, while 57 percent of Republicans were against it. Sixty percent of New York City-specific voters backed legalizing pot. MORGAN ROUSSEAU

GETT Y IMAGES

charge, and now it's really going back to what it was before, but we're going forward with the product itself. The entire world is slowly becoming really stoned, and we do need it

Do you think there's a downside to legalization? What's the worst that can

happen? The worst is happening, there's a glut of weed on the market. Too much weed, oh my God,

what are we going to do? Start smoking it! Get Cheech & Chong in here, we've got too much weed in the country!

Will we ever see a new Cheech & Chong movie?

You're going to get the an-niversary of "Up in Smoke," which is much better. That's one of the reasons Cheech and I decided not to do another movie. We really can't compete with what we've already done.

What advice would you give to parents whose kids become interested in pot?

If you're going to steal your parents dope, replace it and make sure you give them better than what you took. It's only polite.

Tommy Chong answers five blazing questions

Favorite marijuana **strain?** Chong's Choice. It's a collection of all the good strains put into one joint.

Favorite method to imbibe? Chong Bong.

Favorite nickname for mariiuana? God.

Favorite munchie? Celery sticks and almond butter.

Person in Trump administration you'd like to get high with? She's gone, but Hope Hicks. I admire Trump's taste he does know how to pick

beautiful women, but he does

have a hard time paying them.

Painful Varicose Veins and Swollen Legs?

162-03 Jamaica Ave, Ste 200, Jamaica NY Now Open!

Varicose veins and spider veins is not just a cosmetic issue, they could be the sign of venous insufficiency. If you are a loved one is suffering from:

✓ Varicose Veins

✓ Spider Veins

✓ Itching and Burning ✓ Leg Ulcers

✓ Leg Pain

✓ Leg Cramps

✓ Swollen Legs

▼ Skin Discoloration

▼ Blood Clots

☑ Difficulty Standing







If left untreated these could lead to more serious complication.

Don't delay, treatment takes 15 minutes.





Covered by Medicare and Most Insurance Plans

Don't suffer another day! Call us now!

17) 717-5135



1153 1st Ave, Manhattan, NY 10065 2 3 Q R W 122 Fulton Street Ste 500 New York , NY 10038 (A) (C) (J) (Z) (2) (3) 4159 Broadway, New York, NY 10033 (A) (C) 1 4 (5) 1264 St. Nicholas, Washington Heights, NY 10026 168 St (A) (C) 1

Brooklyn:

924 Flatbush Ave, Brooklyn, NY 11226 Q B 2 5 2511 Ocean Ave Ste 102 Brooklyn, NY 11229 Q R B 2444 86th St, Ste A, Bensonhurst, NY 11214 2965 Ocean Pkwy Ste 200 Brighton Beach, NY 11235 Q B

5221 Broadway Ave, Bronx, NY 10463 1 384 E 149 St, Ste 201, Bronx, NY 10455 2 NEW 2157 White Plains Rd, Bronx, NY 10462 2 5 D

116-02 Oueens Blvd Forest Hills, NY 11375 (E) [] [M (R) 30-33 Steinway St, Astoria, NY 11103 🙌 Q 🚻 🛭 40-04 Forley St, Jackson Heights, NY 11373 (2) (3) M (8) 7 59-20 Myrtle Ave Queens, NY 11385 (1) M (2) (1) NEW) 1652-03 Jamaica, Ste 200, Queens, NY 11432 🖲 🕖 5 🏮

Staten Island:

1975 Hylan Blvd, Staten Island, NY 10306

Long Island:

260 Sunrise Hwy Ste 102, Valley Stream, NY 11581

Suburban NY/Rockland County: 156 Route 59, Ste B1, Suffern, NY 10901

New Jersey:

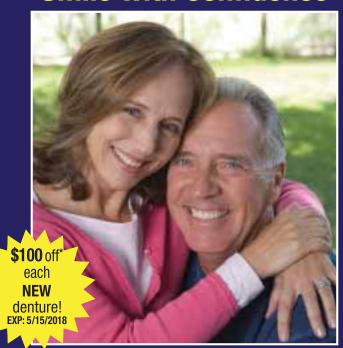
766 Shrewsbury Ave, Ste 300, Tinton Falls, NJ 07724 81 Route 37 West Toms River NJ 08755

WEEKEND, APRIL 20-22, 2018

QUALITY DENTURES THE SAME DAY

NY's Place for same day dentures for over 40 years.

Smile with Confidence



NEW PATIENT PACKAGE MAINTENANCE CLEANING DIGITAL X-RAYS

With This ad only. One per patient. First visit only. Coupon expires 5/15/2018 *some restrictions may apply

NEW PATIENTS Only ONE DENTURE

With This ad only. One per patient. First visit only, Coupon expires 5/15/2018 *some restrictions may apply

FREE CONSULTATION

DENTURE REPAIRS AND RELINES WHILE-U-WAIT!

MOST INSURANCE PLANS WELCOME SENIOR Cit. Discounts* on new dentures and crowns **Full Service State of-the Art Cosmetic Dentistry**

224 West 35th St., New York, NY 16th Floor (between 7th and 8th Avenues)



Call Now! 212-689-0024

www.denturecenter.com

Cannot be combined with other offers *not to be combined

Mayor: NYC air at cleanest level since monitoring began

You don't need to hightail it out of the city for a breath of fresh air.



Take a deep breath, New Yorkers: The city's air is the cleanest it's been since officials began monitoring its quality, Mayor Bill de Blasio announced on Thursday.

In time for Earth Day this Sunday, the mayor announced the release of the Department of Health and Mental Hygiene's latest New York Community Air Survey.

Air quality in the city has been improving, according to the report, showing progress toward de Blasio's goal of achieving the "cleanest air of any large U.S. city by

The city's air is the cleanest ever since air quality monitoring began



Head outdoors and enjoy New York City's improving air quality. GETTY IMAGES

in 2008, the city said.

"Since the dawn of the Industrial Revolution, New Yorkers have not been able to breathe air this clean," de Blasio said in a statement. "We are making significant strides in reducing air pollution to help protect the health of everyone in our city."

The survey monitors pollutants that can lead to health problems like heart and lung disease and often come from vehicles, boilers and building furnaces.

Those pollutants in-

clude fine particulate matter, nitrogen dioxide, nitric oxide and black carbon. The average level of those pollutants, according to the findings, have dropped 28 percent, 27 percent, 35 percent and 24 percent respectively.

The biggest drop had to do with the wintertime average of sulfur dioxide, which decreased 95 percent in part, the department said, because of city and state heating oil regulations and New York City's efforts to phase out residual heating oil.



HEALTHY VOLUNTEERS NEEDED

Persons depicted are models being used for illustration purposes only

ELIGIBLE VOLUNTEERS MAY EARN FROM \$500 TO \$8,000 FOR TIME AND TRAVEL

Join our database and contribute to **Medical Research with Biotrial!**

Healthy volunteers provide researchers with important information for comparison with people who have specific illnesses. People with no known significant health problems are often given the same tests, procedures, or study drugs as patient volunteers so that researchers can compare results and make new discoveries.

Are you at least 18 years old?

NEED MORE INFO? Call recruitment at 844-246-8459

NO TIME TO TALK?

Email: recruitment@biotrial.com or register online at biotrial.us

- Biotrial is located at 130 Norfolk Street Newark, NJ with easy access to NJ Transit Norfolk Street light rail station.
- Our Clinical Unit is only 6 minutes from Newark Penn Station and approximately 30 minutes from NY Penn station.



Fearless Girl statue moving to New York Stock Exchange

New York City's Fearless Girl is getting a new, permanent home.

The bronze statue will move from its spot across from Wall Street's Charging Bull statue to a new location in front of the New York Stock Exchange.

Mayor Bill de Blasio and State Street Global Advisors, the financial firm behind the statue, together announced the change on Thursday.

"We are proud to be home to the Fearless Girl. She is a potent symbol of the need for change at the highest levels of corporate America—and she will become a durable part of our city's civic life," de Blasio said in a state-ment. "This move to a new location will ensure that her message and impact will continue to be heard, as well as improve access for visitors."

The Fearless Girl statue was originally



The Fearless Girl statue in lower Manhattan. GETTY IMAGES

installed for International Women's Day in March 2017 and quickly became a attraction, drawing thousands of spectators and activists who even dressed up the four-foot bronze girl in a sash to support the Paris

Climate Agreement.

The icon did have her critics though, like the artist behind the Charging Bull, who said the addition of this statue violated his rights.

Not long after her debut, supporters from New York City Public Advocate Letitia James to local residents who signed an online petition called for the Fearless Girl to become a permanent New York City figure. The statue was intended to be a temporary installation, but now, the mayor said, she'll be moving to a "new, long-term" home."

State Street Global Advisors will work with the mayor's office to coordinate the statue's move from Bowling Green Park to its new home facing the New York Stock Exchange. The move is expected to be completed by the end of 2018. KRISTIN TOUSSAINT

Are you still concerning about high utility bills? We can help! New York State Energy Research & **Development Authority provides** the following FREE services to help low income homeowners improve

1. Energy Assessment

home energy efficiency:

- 2. Energy Star certified refrigerator
- 3. LED light bulbs
- 4. Smoke & CO detector
- 5. Low flow showerhead
- 6. Programmable thermostat
- 7. Attic & Wall insulation
- 8. Windows & Doors weather seal
- 9. Small wall repairs
- 10. and more

Requirement

- Renting or owning a house
- Paying ConEd bill by yourself
- Getting one of the following:
 - Social Security
 - OR Food Stamp / SNAP

 - · OR making less than the following

# of Household	Annual Income
1	\$27,597
2	\$36,088
3	\$44,580
4	\$53,071
5	\$61,562

All services are absolutely free for low-income families. If you qualify, please feel free to contact:

New York Conservation Services

Tel: 646-258-7405 Fax: 914-610-3628 3609 Main Street, Unit 201, Flushing NY 11354





I am living proof that buprenorphine treatment works.

Of all the treatments I've tried. buprenorphine is the only thing that worked for my opioid addiction. Now I'm in school. I go out to eat, to the moviessimple stuff-but the greatest joy is having a relationship with my daughters. I got back my life.

- Chelle



Opioid addiction treatment with methadone and buprenorphine is available in New York City.

If you or someone you know needs help, call 888-NYC-WELL or visit nyc.gov/health/addictiontreatment for more information.





16 metr⊕ LIFESTYLE

FILM

The "Kodachrome" star talks feeling the feels and co-star Ed Harris.



GREGORY WAKEMAN

Jason Sudeikis is easily one of the most watchable movie stars working today.

The mere presence of the "Saturday Night Live" alumni was enough to make audiences flock to the likes of "Hall Pass," "Horrible Bosses" and "We're the Millers," while his innate eye and ear for comedy helped them to rise above Hollywood's usual comedic fare.

Amid the laughs though, you could always sense that there was much more to Sudeikis' repertoire. Over the last few years, he has shown just that, digging deeper and showing more range in the likes of "Sleeping With Other People," "Race," "Colos-sal," "Permission" and "Downsizing."

In "Kodachrome" Sudeikis gives his most layered performance to date, as he plays the estranged son to Ed Harris' terminally ill photo-journalist Benjamin. The pair are forced to go on a road trip from New York to Kansas so that they can develop Benjamin's last roll of Kodachrome film in the sole remaining lab that does so.

coolsculpting

Jason Sudeikis wants more men to cry



"Kodachrome" is an emotional roadtrip romp. NETFLIX

What first attracted you to "Kodachrome"?

It was the story. It's always the story. Because it was about working through one's pain. And trying to emphasize with someone that you're completely at odds with. I think now more than ever that's a powerful story to tell and attempt to convey.

Certain sections of the movie industry seem to have issues with Netflix, though. Which is bizarre to me.

There is that. But at the same time I'm a huge proponent and do believe in the group mind and the unspoken and unquantifiable power of sitting in a room full of people, all strangers, and going through something at the same time. Which leads back to

the film really, because "Kodachrome" is about letting go of the past and moving forward. Theaters vs. Netflix, digital vs analog, etc. On the level of digital and analogue in that realm it just spoke to me because it says that good work just transcends its medium. It doesn't matter if it's digital or analogue. I know I'm more thrilled as a photographer when I take shots on film because it's instinctual. On digital I tend to look at the photo and overanalyze it and hate myself.

What was one of the biggest things that you took away from working with Ed? I heard you played baseball on set with him.

Yeah, he brought a couple of mitts. He was kind enough and smart There's a line in the enough to find out I film about great art was a leftie. Within only coming from rage the first week we were and narcissism. Do you playing catch. But for believe that? Ed it's about the work. I It doesn't have to come know what people think from that. I feel like

completely powerless, about actors when they talk about the cultural like Superman around elite. Ed Harris has a Krytonite, when I am beautiful cocktail within upset or angry in order his presentation of the to make comedy. In masculine and the times of strife in my human life on "SNL" feminine, but it was hard to

that guy is blue collar, works push that stuff hard and gives aside and make a damn about jokes. Sometimes I wished I every aspect of filmmaking. It could just rage it was a true joy tryout. But instead I ing to keep up with had to put on a goofy wig and

Romney. I know that the arts are so important, though, because they allow for people to see their ills and their pains from the human psyche. It allows people to get it out of them if they're working in it, and if you're watching it allows to ingest it or see it or interpret it. All of which is so powerful.

METRO.US

Was there any piece of art that has played that role for you?

Music as much as anything. That has got me through so many highs and lows. But then I have used art to delve deeper into a valley that I am personally feeling. It sounds so dramatic and ridiculous but I remember New Year's Eve, either '95 or '96, I went to see "Leaving Las Vegas" for the second time. One of the most depressing movies. This was post-breakup. I had just quit school and moved back home with my folks. I went for some self-flagellation. I just bawled my eyes out and I came out of it and I was a brand new man. Which is something that boys aren't taught to do.

And we have to gravitate towards women that are kind enough to share that path with us or have male mentors that help us aspire to that. Because that sh** is hard. And you see both characters in the film wrestling with that notion of masculinity. Sometimes you just have to put on Cat Stevens and Nick Drake and cry and feel it.

"Kodachrome" is available on Netflix today.

THE COOLEST WAY TO LOSE FAT

The CoolSculpting* fat-freezing procedure is the only FDA-cleared,* non-surgical fat-reduction treatment that uses controlled cooling to eliminate stubborn fat that resists all efforts through diet and exercise.





go



Valid for all Doctors excluding Dr. Michael Jones. All procedures must be booked prior to expiration of promotion. Cannot be combined with any other offers. Valid 4/1-4/30.

try.lexingtonplasticsurgeons.com/april | 113 E. 39th Street (b/w Park and Lexington Ave)

Call for a Free Consultation. 712-587-8237



Metro's guide to Record Store Day 2018

Think of it like Black Friday for vinyl fanatics.



This Saturday, April 21, is officially Record Store Day 2018. Which means tons of local shops will open their doors early for avid record collectors on the hunt for exclusive releases.

Since 2007, Record Store Day has become a global phenomenon. Stores get in on the fun by offering sales, live music, DJs and hosting signings from artists. But the main attraction for most collectors is the list of 422 Record Store Day exclusive releases.

People line up early to get everything on their bucket lists, and mapping out which stores you hit is crucial. Luckily for you, we picked out a few stores for you to hit. Happy record hunting!

Rough Trade NYC

Location: 64 North 9th Street, Brooklyn Opening: 9 a.m. Rough Trade NYC is the one-stop shop for anyone looking for new vinyl in the Big Apple. The huge selection can be overwhelming for new shoppers as big-time collectors can spend hours sifting through the racks. The shop will be going all out for record store day this year with a full stock of official releases and a full day of live music in their separate show space that's set to include Titus Andronicus, Chris Stamey of the dBs, and the Shacks. "For us, and any local record store, it's kind of a celebration of the medium of vinyl itself. But it's also a great way to celebrate record store culture," says Rough Trade manager George Flannagan. "A big part of it is obviously the exclusives and the titles that are only available that day in limited amounts, but we also try not to lose focus on the regular record store experience. You can come in and see some live bands, browse the rack, and get some recommendations from the staff."

Record Store Day Pick: David Bowie "Welcome to the Blackout (Live in London '78), Latin Playboys "Latin Playboys."

Academy Records Annex

Location: 85 Oak St, Brooklyn Opening: 9 a.m. In Greenpoint, Academy Record Annex has been providing shoppers with a large selection of rare and deep LPs and 45s for years. A real everyday collector's preferred choice, they've been known to embrace Record Store Day by offering early morning shoppers free Stumptown coffee and doughnuts from Moe's Doughs. "I think overall it's a great thing for the shop. It's our busiest day of the year, hands down," says Academy Records buyer Jeff Conklin of the vinyl holiday. "People are psyched, people are happy, and people are coming in and really enjoying being in a record store," he adds. 'I think it's not without its problems. I think there are a lot of things that are put out that probably don't need to be put out. The Record Store Day stuff really kind of messes up labels trying to do regular releases. Things get pushed back. But overall, I think it's a great day, and we try to have fun with it." The shop will host live music from HoZac records artist Velveteen Rabbit in the afternoon.

Record Store Day Pick: Hot Tuna "Live at the New Orleans



House"

Limited to One

Manhattan

Location: 221 E 10th St,

Opening: 9 a.m. A d different option from the typical Record Store Day fair would be the East Village boutique shop Limited to One. This store caters to rare and limited punk, metal, indie-rock and electronica releases that are nearly impossible to find outside of extremely competitive bidding wars online. They won't have any of this year's exclusive releases, but as shop owner Kristian Sorge told me, they'll have plenty of surprises. "Our store isn't carrying any of the record store day stuff but we know that a lot of people are going to be out and excited about record shopping generally, so we're participating in our own way," explains Sorge. "We've got a few collections of stuff that was sent to our store and we've been stashing some stuff that we're going to put out on Saturday. For us, every weekend is Record Store Day. But, I'm sure a lot of people are saving up and record shopping all day, so it's nice to be a part of it." The store will be hosting live performances all afternoon from Second Letter (of Farside and Burning Airlines), Graduation Speech (of Aspiga), Jared Hart (of The Scandals and Mercy Union), and Popeye (of Farside).

Record Store Day Pick: Limited to One will be putting out an all R.E.M covers EP by Jeff Caudill of the band Gameface that will be limited to only fifty copies. Get there early!

CARNEGIE HALL presents

MARIA FARANTOURI

A Tribute to Mikis Theodorakis



Maria Farantouri, "the Joan Baez of the Mediterranean" (*Le Monde*), performs well-loved songs by legendary Greek composer Mikis Theodorakis. Tickets are only \$20 when you use promo code **MET27799**.*

Saturday, May 12 at 8 PM

Achilleas Wastor, Music Director and Piano David Lynch, Saxophone and Flute Heracles Zakkas, Bouzouki and Mandolin Alexandros Botinis, Cello Petros Klampanis, Bass Christos Rafalides, Vibraphone Engin Kaan Gunaydin, Percussion with

Archdiocesan Cathedral of the Holy Trinity Choir | Evey Simon, Director

*This discount is valid **Friday**, **April 20 from 11 AM to 10:59 PM (ET)**. Limit eight tickets per purchase. Some limitations may apply, Offer is subject to availability and prior sale, is not valid on prior purchases, and cannot be combined with any other discounts or promotions. Valid online, by phone, or at the Box Office. No refunds or exchanges. Internet and phone orders are subject to standard convenience fees.

carnegiehall.org | 212-247-7800 Box Office at 57th and Seventh

Artists, programs, dates, and prices subject to change. © 2018 CHC





Green sush

Inside Mayanoki, New York City's first and only sustainable omakase restaurant.



a kis@metro us

The 15-course omakase dinner at Alphabet City sushi counter Mayanoki may look familiar. Until chef Jeff Miller starts explaining the courses: Arctic char, Spanish mackerel, Alaskan Coho salmon, Albacore tuna.

"You go to so many sushi bars in the city and you get the same set of 12 or 15 fish over and over, and for some people that gets boring,' says Miller, who's been in the sushi business for 11 years and left Austin's renowned Uchi restaurant to work at Mayanoki. "We get a lot of really experienced sushi eaters in the restaurant, and I don't think many of them leave wishing they'd had the fish they're familiar with.'

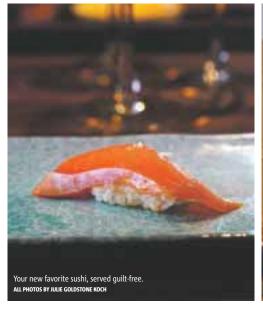
There's a bigger mission than giving seafood fans something new to try: Mayanoki is the first sustainable sushi

restaurant in New York City. It was lauded as one of 2017's best new restaurants, and with 15 courses at \$95 it's also among the best omakase deals in town.

So what does sustainability mean? First is distance: Most of the fish at Mayanoki comes from the East Coast, a lot of it from Montauk, Massachusetts and North Carolina; shellfish come from the Canadian province of Nova Scotia and Iceland runs a respected network of Arctic char farms. Fishing methods are important, too -Miller doesn't serve any



fish caught in a way that damages the surrounding environment or results in what's called bycatch, or sea creatures accidentally



swept up in the same net.

Those are all important, but the primary thing is not serving fish that are being fished to the point of being endangered or extinct," he says. "The prime example of that is bluefin tuna that are almost on every sushi bar's menu but really widely recognized as being endangered, specifically because of the demand for sushi.'

All this means Miller has had to learn a lot of new techniques and experiment with flavors because there aren't any standards or customs in terms of how they're served. "Which is great," he notes. "It means I get to figure it out for the first time, but it requires more thinking.

there's still soy sauce and wasabi — it's from Oregon though. Expect traditional Japanese flavors and techniques, just made with American ingredients.

Their environmentally friendly practices don't end at the plate, either. Fish and shrimp parts that aren't plated go into making sauces, stocks and oils to minimize food waste. None of their service items like chopsticks and napkins are disposable, and the kitchen doesn't use natural gas so is carbonneutral. Mayanoki also participates in The Billion Oyster Project's collection program, which returns shucked shells to repopulate the mollusks in New York Harbor.

At the restaurant's

bar, beverage director T.J. Provenzano recently switched to serving canned beers, as aluminum is much easier to recycle than glass. He stocks New York state wines and ciders, with only sakes coming from Japan.

Co-owner David Torchiano grew up in New York and knew the abundance in the waters surrounding it, but was surprised how little makes its way onto menus. Sushi's own history is rooted in conservation, he notes, originally as a way to preserve fish and celebrate the bounty of nature. Chefs would even save the water after washing rice rather than wasting it.

"It's crazy to think that sushi could be the reason that species such as bluefin tuna become extinct when it is completely unnecessary and is the exact opposite of what sushi is about," he says. "Almost all other cuisines have embraced farm to table and seasonal sourcing of ingredients, and we believe the same approach should be applied to seafood, and

specifically in sushi."

Mayanoki is located at 620 E. Sixth St., open Wed-Sun with two seatings. The restaurant will hold a special Earth Day dinner on Sunday, April 22, with seatings at 6 and 8:30 p.m. Tickets are \$150 and 35% of the price goes to benefit the Safina Center, which connects people to the environment through art and





GLOBAL TRAVEL EVENT OF THE YEAR!

Come and discover the Lifestyle, Tax Benefits and the Financial Freedom of the Travel Industry.

Saturday, April 21, 2018

Meet & Greet at 9:30am, Presentation at 10am Brooklyn Marriott Hotel by Brooklyn Bridge 333 Adams St., Brooklyn, NY 11201

Contact Andrea Hodge: 718-337-8841 www.seeitnow.info

Inside New York's coolest bathroom party

Go to the ultraexclusive soiree that rocked the Met Gala at THNK 1994 gallery.



Everyone knows what it feels like not get an invitation slipped under your Trapper Keeper in English class to an amazing party. The curators of Brooklyn's pop culture gallery THNK 1994 just lust after better parties — and stage their own when the invitation is lost in the mail.

Previous parties they haven't been invited to but faithfully re-created include Nicole Richie's 2007 Memorial Day BBQ, and now, in anticipation of next month's Met Gala, there is Celebrities Smoking in the Bathroom at the Met Gala.

The annual costume ball in honor of the Metropolitan Museum of Art's Costume Institute, partially curated by Vogue's Anna Wintour, is, of course, strictly Alist, strictly black tie, and strictly proper. That is it was, until the Olsen twins came along. It was 2005 when

Amanda Peet went running through the Met's marble halls after finding the Olsens lighting up cigarettes during the event. Of course they did it first. It wasn't until the 2017

Gala that all the cool kids decided to take the party into the Met's bathroom. Add a few ballgowns and lush poses, and you've got the makings of an iconic moment: Rita Ora Snapchatted it; Dakota Johnson looked hotter than in any of the "50 Shades of Grey" movies. Courtney Love, Paris Jackson, P. Diddy, Marc Jacobs - the list goes on and on.

ʿĪt's such a random grouping of celebrities, and they're all acting like teenagers," says co-curator Matt Harkins. "It's celebrities acting like how

you imagine if you were a celebrity you would act."

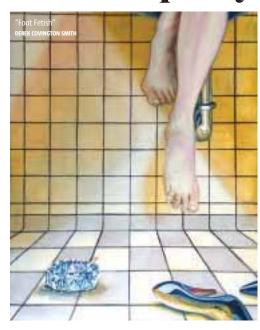
For Celebrities Smoking in the Bathroom at the Gala, they've decoupaged the entire gallery to create a replica of the famous facilities, plus lots of related artwork (all for sale). It all begins with an opening night bash on April 20 with drinks and candy cigarettes - Harkins and co-curator Viviana Olen are trying to quit smoking, plus, lighting up indoors remains illegal for normal people - included in your \$15 ticket.

The exhibit is also

accompanied by some on-theme events. Consider that runway models might fall as part of the show in Performance Art on the Runway (April 21) and now that E! is out of red-carpet-criticism game, fill the void with A Definitive History of Met Gala Looks (April 28).

And before your parents come for us — yes, the one thing the scientific community can definitely agree is bad for us is smoking. Consume your cigarettes like gargantuan milkshakes: for the photo ops in the Met bathroom, not as a way of life.

Celebrities Smoking in the Bathroom at the Met Gala runs through May 7. THNK 1994 is at 1436 Atlantic Ave., open Friday-Sunday from 12 p.m.-7 p.m., thnk1994.com











DO YOU KNOW YOU CAN HIRE YOUR LOVED ONE TO TAKE CARE OF YOU?

IOIN CDPAP NOW!

(Consumer Directed Personal Assistant Program)

\$17.09

with holiday &

vacation pay

Pay up to

- No HHA/PCA CERTIFICATE NEEDED
- FAST & EASY PROCESS
- Free Application & Training
- Flexible Schedules & Paid time off
- NYC 5 BOROUGHS & LONG ISLAND & WESTCHESTER

Call today: 347-508-4727

Visit us at 224 West 35th Street, Suite 708, New York, NY 10001 www.xinconcare.com



Specializing in **Problem Skin Professionals Introductory Offers!**



Treat yourself to the gift of beautiful skin; We offer results, not promises!

"Slimming Body Wrap \$50 • Eyebrow / Eyeliner Tinting \$25 • Ear Candling \$50"

Diamond Microdermabrasion Only \$50 Deep Cleansing Facial Reg \$75 \$40 for acne scars, sun damage skin, fine lines. wrinkles, discoloration, blackheads.

Botinal Wrinkle Treatment Reg \$160 \$125 formulated with "Botox® - Like" effect without injection. Effectively reduces the appearance of wrinkles and crow's feet after only one treatment.

Acne Treatment w/Glycolic Acid Peel Only \$45 For oily and blemish skin with excessive blackheads/ whiteheads, acne scars and discoloration.

Back/Chest Deep Pore Cleansing \$75/\$35

Herbal Peel Reg \$350 sp \$200

A non-acid, chemical-free peel that utilizes manual exfoliation to resurface the skin, lifting away stubborn pigmentation and softening the look of

Deep cleans and refreshes all skin types.

L-Vitamin C and L-Retinol. All skin types.

An antioxidant peel that helps to brighten and

lighten discolored skin with highly concentrated

Brightening Peel Reg \$125 \$75

Back/Chest Glycolic Peel Only \$55/\$30

247 E. 50th St. 2 FI NYC • Trains: (a) (b) to Lexington Ave., (4.6) (b) (R) (c) to 59th Street, Tel: 212-588-8866/212-253-9693



FRIDAY'S **GAMES**



BLUE JAYS AT YANKEES 7:05 PM **YES NETWORK** 660 WFAN RADIO



METS AT BRAVES 7:35 PM SNY 710 WOR RADIO





Are the Jets all in on Mayfield?

Per reports, Gang Green looks set on taking the Oklahoma quarterback prospect.



With draft pundits everywhere wondering how Cleveland Browns and New York Giants will divvy up the likes of Wyoming quarterback Josh Allen, USC passer Sam Darnold and Penn State running back Saquon Barkley with the first two selections, the New York Jets look as though they'll get their man no matter what.

That's because none of the apparent top three prospects don't seem to be Gang Green's top choice.

A source has told NFL insider Tony Pauline that the Jets selecting Oklahoma quarterback Baker Mayfield with the thirdoverall selection is

done deal." Although UCLA passer Josh Rosen is also an option as well.

Out of the big quarterback prospects expected to go within the top 10 of this year's draft, Mayfield is considered by many to be the fourth-best professional prospect compared to Allen, Darnold and Rosen. Allen and Darnold used big-time pro days to help solidify their stock as possible top three selections.

Mayfield, though, has something none of the other three can boast: a Heisman Trophy.

The Oklahoma product put on a show in the offensive-minded Big 12, completing 70.5 percent of his passes for 4,627 yards with 43 touchdowns and six interceptions. Those stats are best among any of the other three by a considerable margin:

SAM DARNOLD- 63.1 completion percentage, 4,143 yards, 26 TD, 13 INT

JOSH ROSEN- 62.6 completion percentage, 3,756 yards, 26 TD, 10 INT

JOSH ALLEN- 56.3 completion percentage, 1,812 yards, 16 TD, 6 INT

Mayfield and the Jets have been linked for the better part of the past few weeks, though the team was also on hand at Allen's pro day toward the end of March and was apparently very interested at the time.

It was less than a week after they swapped picks with the Indianapolis Colts, moving up from No. 6 to No. 3, which was a clear statement that they intended to draft a quarterback.

The Jets have been one of the busier, more aggressive teams during free agency this offseason thanks to plenty of cap space. Among their notable signings, they brought back Josh McCown on a one-year deal and signed former Vikings passer Teddy Bridgewater, who



had his promising career derailed by a leg injury two years ago.

McCown, 38, earned the starting job heading into the spring this year after the journeyman put together a career year as the Jets starter in 2017. While Bridgewater is just 25, there are still questions surrounding his health, which obviously creates reservations about him being a long-term answer at the position. However, it does provide much-needed, somewhat-proven depth.

Drafting a passer, whether it's Mayfield or another, now affords the Jets the opportunity to mold a franchise quarterback instead of rushing him under center while plastering large and unrealistic expectations on him and a rebuilding





RAPTORS AT WIZARDS RAPTORS LEAD 2-0 8 PM ESPN₂

REAL ESTATE

Rooms for Rent



CELTICS AT BUCKS CELTICS LEAD 2-0 9:30 PM **ESPN**



FLYERS AT PENGUINS PENGUINS LEAD 3-1 7 PM



Furnished Rooms For Rent! Cable/Internet Ready! Move In Today! All utilities Inc. Starting Just \$150/wk. Call Us Now:(212)368-2685









NBC SPORTS NETWORK



WILD AT JETS JETS LEAD 3-1 7:30 PM **USA NETWORK**



NBC SPORTS NETWORK



New York Knicks star forward Kristaps Porzingis might not be stepping foot on the court at all

next season.

Team owner James Dolan told Larry Brooks of the New York Post that the torn ACL suffered by Porzingis in February could hold him out for the entire 2018-19 season.

"I've been told everything from December to him being out for the season, so I don't know what to expect on that," Dolan said. "But we can't just sit on our asses while he's away. We need to develop a team and then integrate him into it when he comes back."

Porzingis was the Knicks' only hope last season when the decision was made to trade away Carmelo Anthony to the Oklahoma City Thunder. New president Steve Mills and general manager Scott Perry didn't do much to bring a supporting cast around



Porzingis' 2018-19 season could be in doubt

A torn ACL might keep Kristaps Porzingis out all of next season. GETTY IMAGES

the Latvian, bringing on Enes Kanter and Doug McDermott in the Anthony trade (McDermott wouldn't last the season before being dealt), and signing Tim Hardaway, Jr., to a massive four-year, \$71 million deal.

The 7-foot-3 "unicorn" was thrust into the spotlight as the face of the franchise and tasked with carrying the team, which was a fringe playoff contender at best with him in the lineup.

To start the year, he was one of the most electrifying players in the league, averaging 30.4 points per game over his first 11 games.

But as the season wore on, Porzingis became worn down, admitting that he was fatigued in carrying the franchise. He broke down in February when he tore his ACL in a Feb. 6 game against the Milwaukee Bucks, ending his season and any hopes of the Knicks being competitive.

New York was 23-31 prior to Porzingis' injury. They would go on to lose 21 of their final 27 games, securing a fifthstraight season without playoff basketball.

With the Knicks rebuilding and now facing a year without Porzingis, a sixth-straight postseason-less year is already secured. Should that happen, the 22-yearold is going to come back to a very different-looking squad.

The Knicks are poised to have a top 10 pick in this year's draft, though it will likely around pick eight or nine. But there is a possibility of drafting a talent like Villanova small forward Mikal Bridges, which would address a serious area of need. While this will likely be a quiet offseason for them this summer, the franchise will position itself to make runs at some of the top free agents in 2019.

Not to mention, there will be a new coach on the sidelines after the team fired Jeff Hornacek last weekend, JOE PANTORNO

NEW YORK SPORTS FANS: WE'RE NOW ON TWITTER!

FOR ALL THE LATEST NEWS AND RUMORS SURROUNDING YOUR FAVORITE TEAMS, FOLLOW **@METRO NY SPORTS**



212-286-142

LAW OFFICE OF WILLIAM C. RAND 501 Fifth Ave., 15th Floor, N.Y., N.Y. 10017

vertise with Metro, emai eter.blankenstein@metro.us



Body Rubs from Beautiful 23y/o Ukrainian Girl **Relax & Enjoy our Magic Touch & Great Atmosphere**

Call (516)-714-3120 **Located in Midtown West, XOXO**



Latino **Russian Asian**

50th St. W • 212-956-7976 llam to 8am (21hrs)

646-682-7032 llam to 8am (21hrs)

9th St. E

646-918-6116 11am to 8am (21hrs)

15th St. W 212-727-7458

12 noon to 10:30pm

48th St. W • 212-247-8899

11am to 8am (21hrs) 89th St. E • 212-369-4345

12-10:30pm

CAREER TRAINING



- PCT HHA CNA
- Med. Billing & Coding
- M.A Pharmacy Tech
- EKG/Phlebotomy Tech

FREE TRAINING IF OUALIFIED

Students Visas @ Low Cost

On Queens Blyd Next to E/F Train Q10 Bus 8002 Kew Gardens Rd, Kew Gardens, NY

WWW.ACCESSQUEENS.COM

PEST CONTROL SCHOOL & SERVICES

6/9 DAYS/N.Y. STATE APPROVED, CERTIFICATION & RECERTIFICATION IN BED BUGS, TERMITES, STRUCTURAL, FOOD PROCESSING & LANDSCAPING

BEDBUG SPECIALISTS JOB ASSISTANCE/BUSINESS

pestcontrolschoolny.com | pestmanagementsciences@yahoo.com Call or Text #917.653.0319

CERTIFICATION SCHOOL

OSHA & Flagger Training Security Guard Training Fireguard Exam Prep 29-28 41 Ave. LIC. NY 11101

(718) 790-2664 www.tribunest.com

HHA/CNA Training NYSED

Slow learner? Long time out of school? Job Placement Assistance \$14.09/per hr All benefits included Call #718.349.8003

LEGAL NOTICES

NOTICE OF SALE

SUPREME COURT COUNTY OF QUEENS, WILMINGTON SAVINGS FUND SOCIETY. FSB, DOING BUSINESS AS CHRISTIANA TRUST, NOT IN ITS INDIVIDUAL CAPACITY. BUT SOLEY AS TRUSTEE FOR BCAT 2015-13ATT. Plaintiff, vs. RAKISH RANI, JEET SINGH, ET AL., Defendant(s). Pursuant to a Judgment of Foreclosure and Sale duly filed on February 22, 2017, I, the undersigned Referee will sell at public auction at the Queens County Supreme Courthouse Courtroom 25, 88-11 Sutphin Boulevard, Jamaica, NY on May 25, 2018 at 10:00 a.m. premises known as 80-47 . 251st Street, Bellerose, NY. All that certain plot , piece or parcel of land, with the buildings and improvements thereon erected, situate, lying and being in the Borough of Queens, County of Queens, City and State of New York. Block 8564 and Lot 46. Approximate amount of judgment is \$536,220.28 plus interest and costs. Premise will be sold subject to provisions of filed Judgment Index # 23624/2012. Kerry Katsorhis, Esq. Referee Knuckles, Komosinski & Manfro, LLP 565 Taxter Road, Ste. 590 Elmsford, New York 10523 Attorneys for Plaintiff Cash will not be accepted

Call: 718-263-0750

- Business Analyst/QA Media concepts:
- Audio Video
- Solar Tech • SAP

Now

US Vets

Call

1(800) 220-5494 or (718) 205-0557

LEGAL NOTICES

NOTICE OF SALE IN FORECLOSURE STATE OF NEW YORK SUPREME COURT: COUNTY OF QUEENS WELLS FARGO BANK, N.A., SUCCESSOR BY MERGER TO WACHOVIA MORTGAGE, FSB, FORMERLY KNOWN AS WORLD SAVINGS BANK, FSB Plaintiff, vs. HARLENE SHAKESPEARE, et al., Defendants PLEASE TAKE NOTICE THAT In pursuance of a Judgment of Foreclosure and Sale entered in the office of the County Clerk of Queens County on March 27, 2017, I, Peter M. Wolf, Esq., the Referee named in said Judgment, will sell in one parcel at public auction on May 18, 2018 at the Queens County Supreme Court, Courtroom #25 located at 88-11 Sutphin Boulevard, Jamaica, County of Queens, State of New York, at 10:00 A.M., the premises described as follows: 19141 112th Road, Saint Albans, NY 11412, SBL No. 10968-78 ALL THAT TRACT OR PARCEL OF LAND situate in the Borough and County of Queens, City and State of New York. The premises are sold subject to the provisions of the filed judgment, Index No. 21604/13 in the amount of \$530,822.09 plus interest and costs. Todd Marks, Esg.

Woods Oviatt Gilman LLP Plaintiff's Attorney 700 Crossroads Building, 2 State Street

Rochester, New York 14614 Tel.: 855-227-5072 53117

NOTICE IS HEREBY GIVEN that a license, Number 1287690, for a Change of Class from Restaurant Wine to On Premise Liquor has been applied for by the undersigned to sell Liquor, Wine, Beer & Cider at retail under the Alcoholic Beverage Control Law at 310 West 53rd Street, New York, NY 10019. New York County, for on premises consumption. Cite de Paris LLC d/b/a Rummy's Tavern

LEGAL NOTICES

NOTICE OF SALE SUPREME COURT COUNTY OF QUEENS NATIONSTAR MORTGAGE LLC, Plaintiff AGAINST Elinor Campbell, et al., Defendant(s) Pursuant to a Judgment of Foreclosure and Sale duly dated February 16, 2018 I, the undersigned Referee will sell at public auction at the Queens County Courthouse in Courtroom # 25, 88-11 Sutphin Boulevard, Jamaica NY, on May 11, 2018 at 10:00AM, premises known as 129-22 144TH STREET, JAMAICA, NY 11436. All that certain plot piece or parcel of land, with the buildings and improvements erected situate, lying and being in the Borough and County of Queens, City and State of New York BLOCK 12067, LOT 67, Approximate amount of judgment \$549,684.20 plus interest and costs. Premises will be sold subject to provisions of filed Judgment for Index# 709387/2015. Gary Darche, Esq., Referee Gross Polowy, LLC Attorney for Plaintiff 1775 Wehrle Drive, Suite 100 Williamsville,

COMMONWEALTH OF MASSACHUSETTS

LAND COURT

DEPARTMENT OF THE TRIAL COURT

Recorder (17-01610

ITEMS WANTED

LEGAL NOTICES

NOTICE OF SALE

SUPREME COURT COUNTY OF QUEENS PHH Mortgage Corporation, Plaintiff AGAINST

Therese Janow: Thomas Janow

a/k/a Thomas M. Janow; et al.,

Defendant(s) Pursuant to a Judgment of Foreclosure and Sale duly dated

December 13, 2017 I, the undersigned

Referee will sell at public auction at the

Queens County Supreme Courthouse.

May 11, 2018 at 10:00 AM, premises

known as 8811 74th Avenue, Glendale

NY 11385. All that certain plot piece or

parcel of land, with the buildings and

improvements erected, situate, lying

and being in the Borough and County

of Queens, City and State of NY,

Approximate amount of judgment

Premises will be sold subject to

provisions of filed Judament

Shapiro, DiCaro & Barak, LLC

Attorney(s) for the Plaintiff 175 Mile Crossing Boulevard

Rochester, NY 14624

Dated: March 29, 2018

(877) 759-1835

\$252,093.69 plus interest and costs.

Block 3854 Lot 112.

Index# 11001/2013. Alexander C. Pabst, Esq.

Referee

(53112)

Courtroom #25, 88-11 Sutphin

Boulevard, Jamaica, New York on

osolute Yes! SAME DAY **!CASH PAID!**

224 w 116 st, M-F, 2-4 p or mail in B,C,2,3 trains

JOBS

General Help Wanted

HOME HELPER WANTE

HHA FOR GREATER PAY!

Without HHA? You can still help elderly friends & family members for great pay!

646-799-6062 646-660-0530 | 646-832-7647

or visit us at: 110 West 34th St. Suite 1207 Manhattan, M-F, 10-5

CLERICAL PERSONNEL NEEDED!

We are currently seeking for clerical personnel to act as a liaison, provide product/services information and resolve any emerging problems that our clients might face with accuracy and efficiency. The target is to ensure excellent service standards and maintain high customer satisfaction and should have good computer skills. Salary/Weekly: \$405 Interested person(s) Should contact Walton Parker: ff.walton86@outlook.com for more info and wages.

Abmack® Real Estate Sales People Wanted Cr. 8 Uvic., 910CHS: We pay 4 your Damm: 855-286-2251 Est, 190

SERVICES

NO MONEY **DOWN CABLE**

Get an all-digital satellite system installed for free with 150 channels and programming starting at only \$35/mo. New callers get a FREE \$100 Visa Gift Card.

SO CALL NOW 877-255-0353

SERVICES



PSYCHICS





Mr. SAIDOU

International Spiritualist Medium & Psychic Over 40 yrs exp. Bring back loved ones in the Quickest Way, Stop Infidelity, Business

Success, Exams & Career, Black Magic Specialist, Clear Negativity, Bad Luck, Protection, Sexual Problems etc. Results in 7 Days Guaranteed.

Call 516-206-8543 and 646-339-9948 www.spiritualsaidou.com 132nd Street, 7th Ave., Manhattan, NY



Mr. Fode

International Spiritual Healer and Clairvovant

With 40 years of experience, inherited through family with reputation of helping people all over the world. I can solve your problems in the quickest way! BRING BACK YOUR LOVED ONE, PROTECTION, REMOVE ALL BLACK MAGIC WITCHCRAFT AND IMPOTENCY, BRING HAPPINESS INTO YOUR LIFE AND MANY MORE 100% GUARANTEED

BROOKLYN LOCATION CALL 347-798-7742.

PSYCHICS

GENUINE SPIRITUAL HEALER

Clairvoyant • Medium • Astrologer.

Specialize in Relationships, If your loved one.

Husband or wife Walks out on you. I can help bring
him back immediately with the most powerful spell.

Business • Court Case • Success • Exams
Sexual Prob. • Marriage & Remove Evil Spell
Black Magic • Bad Luck • Jaadoo
Voodoo & Stop Enemy • Etc...

Seek help from

Mr MAROOF

YOU WILL GET RESULT IN 72 HOURS 100% GUARANTEED



PROFESSOR SALAAM

6th Generation ofAfrican Medium

I CAN HELP YOU OUT OF
DESPAIR - 7 DAY RESULT

LOVE SPECIALIST • REUNITE LOVERS, EVEN HOPELESS CASES
BUSINESS SUCCESS • RELEASE FROM SPELL
CLEAR NEGATIVITY • STRONG VOODOO • BLACK MAGIC
COURT ISSUES • FAMILY PROBLEMS • DRUGS
CAREERS • EXAMS • GAMBLING • LUCK
PROTECTION • IMPOTENCY/INFERTILITY & MORE.

Call 917-595-9916

www.psychicsalam.com

Manhattan & Brooklyn

NO. #1 POWERFUL INDIAN ASTROLOGER & PSYCHIC

Master: YOGI

39 Years Experienced. Master Solves problems like Job, Love, Marriage, Business, Depression Children, Relationship,Removes Bad Luck, Stop Divorce, Court, Evil eyes,Negative,Energy etc.

NOBODY CAN BREAK MY WORK, ITS MY CHALLENGE

I BRING LOVED ONES BACK

Removes Black Magic, Jadoo, Vodoo, Butu & Gives 100% Lifelong Protection

929-413-0864

120-14 Liberty Ave S, Richmond Hill NY 11419 (Inside Kiddy House)

ENTERTAINMENT



PSYCHICS



Healer and Clairvoyant

From a well known spiritual family who combined the power of spirituality, healing and love. Guarantee to bring your partners, love ones within 72hrs., clear bad luck and obia in just one cleansing, break unwanted relationship, court cases, protection etc.

Even the worst case scenario, just call Mr. Suwa on 347-792-9714 Located at Ralph and Fulton, Brooklyn.

INDIAN ASTROLOGER & PSYCHIC

Served People in Trinidad, Guyana, Jamaica, London. Canada etc. Speaks English, Spanish, Hindi & Tamil

Removes Black Magic, Jadoo, Voodoo,
Witchcraft & Gives 100% Protection
Experienced Knowledgeble, Unique Techniques
Pandit: RAJ GURUJI

Solves Problems related to Job, Business, Love, Health Sickness, Husband-Wife prob., Divorce, Court cases,

Child infertility, Sexuals, Enemy, Evil affection Etc. Removes Black Magic & Gives Protection

Call: 347-682-9424

 103-28, 112th Street, Liberty Avenue, South Richmond Hill, NY, 11419

Brooklyn (Utica & Church Ave)

MOST POWERFUL AFRICAN PSYCHIC



Mr. KALLO LOVE GURU

39 Years Experienced LOVE EXPERT

I BRING BACK LOVED ONES ONE VISIT & YOU WILL SEE RESULTS. I NEVER LOOSE ANY CASE

I can Help you in Problems: Marriage, Court case, Business, Depression, Bond Families, Stop Divorce, Stress Removal, Bad Luck, Evil eyes, Jadoo & Negative Energy NO MORE PAIN, NO MORE DISSAPPOINTMENT, MEET LOVE MASTER TODAY & GET SOLUTIONS

347-271-3493, 917-946-4662

ENTERTAINMENT



22 New York Weekend, April 20-22, 2018



ACROSS

- 1 Opposite of max
- 4 Snare
- 8 St. Louis time
- 11 Mongolian desert
- 12 Tortoise's rival
- 13 Make tracks
- 14 Triangle tip
- 15 Some locks
- 17 Dictionary
- 19 Meditation guides
- 20 Crux
- 21 Path to satori
- 22 Elbow
- 25 Heavy stick
- 28 Ames inst. 29 Kids' writer Roald --
- 31 Wound cover

9

6

8

1

33 Lap dog

2

1

6

2

8

3

4

1

1

35 Pull along

- metro.us/crossword
- 37 Guanabara Bay port
- 38 Author's need 40 Seize power
- 42 Wrialey product
- 43 Paris season
- 44 Tries not to sink
- 47 Picked up
- 51 Spellbinding
- 53 Infamous fiddler
- 54 Lyric poem
- 55 Morales of "La Bamba"
- 56 Arrived 57 Lived
- 58 Feeling blue 59 DDT banner

DOWN

- 1 Brood
- 2 Mountain goat
- 3 Putting the kibosh on
- 4 Vibrate
- 5 Cloudburst 6 Comic strip prince
- 7 Identified

- 8 "Moonstruck" Oscar winner
- 9 In --(as found)

- 10 Hardy heroine
- 11 Lassie
- 16 Gill alternatives
- 18 Signaled
- 21 Miniseries "Shaka -"
- 22 Pinch
- 23 Web habitue
- 24 Rank above marguis
- 25 Sinae
- 26 Pantyhose color
- 27 Cougar's pad 30 Attention-getter
- 32 Early jazz
- 34 Birdie beater
- 36 Stringed instrument
- 39 Looked for fingerprints
- 41 Ghostly meet
- 43 Illinois town 44 Eye ridge
- 45 Verdi opus
- 46 "Blue Tail Fly" singer
- 47 Nibble at

6

7

8

1

2

1

5

6

2

hard

7

4

8

1

9

3

8

8

3

2

7

2

5

1

5

1

9

7

8

- 48 First-quarter tide
- 49 "Cope Book" aunt
- 50 Fawn's mom
- 52 Equal, in combos

		1	1	_			12	_		-	12	1
	1	2	3		4	5	6	7		8	9	10
11					12					13		
14					15				16			
17				18				19				
			20				21					
22	23	24				25				26	27	
28				29	30				31			32
33			34		35			36		37		
	38			39				40	41			
			42				43					
44	45	46				47				48	49	50
51	\top				52				53	\top	\top	
54		\top		55					56	1		
57		\top		58					59	1		

metro.us/sudoku

5

2

5

9

3

2



Aries Adjust your personal life to alleviate stress and make you feel more comfortable in your surroundings. Making a move or updating

your security system is favored.





Gemini Look at new and old options and consider how each will serve you best. Dictate what you want to see happen to avoid any misunderstanding. Be precise and direct.



Cancer Emotions will surface. Try not to get into a disagreement with a co-worker or someone who could hurt your reputation. Use caution when dealing with an unpredictable person.



Leo You'll face emotional manipulation if you decide not to accommodate someone pestering you for something. Temptation will be difficult to walk away from.



Virgo You'll be given the chance to improve your position and meet people who can help you get ahead personally or professionally. Network, mingle and take pride in what you do.



Libra Emotions will run rampant when dealing with relatives of all ages or matters that can jeopardize your standard of living. Don't jump to conclusions. Listen and reserve judgment.



Scorpio Strong feelings will flare up if you discuss money matters. You are best off taking a break from anyone who takes advantage of you financially.



Sagittarius Emotional talks may not be your idea of a good time, but you will profit from what transpires. Work toward a goal that will satisfy yourself.



Capricorn Consider the best change you can make to improve your relationship with a friend, relative or colleague. How you project what you want will make a difference.



Aquarius Personal changes will make you feel better emotionally and physically. Getting together with someone from your past will open your eyes to what you may have left undone.



Pisces Changes at home should be monitored carefully. Don't take on something you cannot afford or that is not going to benefit you personally.



Can't wait until tomorrow to check your answers? Visit metro.us



As the world's largest global newspaper, Metro has more than 18 million readers in more than 100 major cities in 23 countries. • Metro New York 120 Broadway, New York, NY 10271 • main 212-457-7790 • to advertise 212-457-7735 • Press releases pressrelease@metro.us • sales fax 212-952-1505 • Chief Revenue Officer Ed Abrams, Ed.Abrams@metro.us • U.S. Circulation Director Joseph Lauletta • U.S. Marketing Director Wilf Maunoir • email sales advertis-

Director Joseph Lauletta • U.S. Marketing Director Wilf Maunoir • email sales advertising@metrou.s • email distribution distribution @metrou.s • Advertisements appearing in
Metro are published in good faith. Metro does not endorse and makes no representations
about any of the advertising content appearing in its pages. Metro is not responsible for
any loss or damages whatsoever resulting from readers using the services of its advertisers.
Readers should exercise caution when replying to advertisements, especially those which
require any form of payment, and, where necessary, should seek independent legal advice.
• Editor in Chief Aleksander Korab, aleksander.korab@metro.us • Managing Editor Morgan Rousseau, morgan@metro.us • Site Director Linnea Zielinski, linnea. Zielins

Juul, matthew.juul@metro.us • Going Out Editor Eva Kis, eva. kis@metro.us • Head of Production Matt Prowell, matt.prow ell@metro.us





for \$199,900 you will, too





\$199,900 complete! • \$6,997 down • \$1,577* per mo.

LOW PROPERTY TAXES! EXPRESS COMMUTER BUSES (4 per hour) 90 mins to NYC!

Buy it now and get up to \$5,000 toward Closing Costs!



1-800-276-4000



* Monthly payments based on FHA 30 yr. fixed interest rate of 4.5% with 5% APR with a finance cap of \$271,000. Lower rates may apply to qualified buyers. All rumbers are estimated. Conventional migs. also available. Figures quoted above on Cambridge model based on conventional 30 year mig.

www.classicqualityhomes.com

Or text: cgh to 411669 to get text updates about our Home Buying Incentive programs